

# Best Backpacking Toilet Paper

Philip Werner Gear Reviews, Health & Hygiene



The best toilet paper for backpacking is a paper towel. Regular toilet paper just doesn't stand up to the humidity.

I like using Brawny paper towels: they're scored down the middle of each sheet, so it's easy to tear off a half sheet. When I pack my toiletry kit for a trip, I tear off 5 half sheets for each day of my trip. Then I tear these in half again, producing 10 quarter sheets for each day. I pack these in ziploc bags, along with one Wet Ones antibacterial wipe for each day I'll be out. They come individually wrapped. Make sure you get the unscented kind to avoid attracting bears.

I bring the Wet Ones along for two functions. They contain Aloe which can be soothing when necessary and a moist wipe can help ensure that your butt crack is clean. This should be obvious, but monkey butt (diaper rash) can become very painful if you are hiking long distances over multiple days. The best cure is prevention and if that fails, [zinc oxide](#).