

## Foster Brook Trail (Fundy National Park)

**\*a very nice trail, but be prepared for the water crossing and the long steep hill on the west side of the Wolfe River.**

**Distance:** 8 km or 10.3, if walking back on the Point Wolfe Rd.

**Difficulty:** Challenging due to the 1 km steep uphill section on the west side of the Wolfe River.



**\*if staying at the Foster Brook backwoods campsite, it's much easier to return the same way instead of crossing the river.**

**\*If just hiking the trail, either have a car on both ends, or make it a loop by walking 2.3 km from Point Wolfe back to the Foster Brook parking area.**

### **Getting There:**

From the F.N.P. Administrative Building, drive down the Point Wolfe Rd. for 5.8 km and turn right onto the Foster Brook turnoff. Drive up the gravel road for 200 meters and park.

### **The Trail:**

The trail goes gradually up and over some high ground, descending to the Wolfe River at km 1.9.

At about the 3 km mark, a side trail heads downhill to a toilet, and then down river to the backwoods campsite location.

The main trail continues to follow the river until the crossing at km 3.3.

The crossing point is wide and flat, with ankle deep water at low water.

After the crossing, the trail goes very steeply uphill for at least 1 km, but levels out before joining the Marven Lake Trail at km 4.65

At the junction, turn left and follow the trail until km 6.85 where it joins the old Goose River trail.

Veer left and follow the trail to the Point Wolfe parking lot at km 8.

**Dave Suttie, July 2020**

