

FUNDY CIRCUIT HIKE (clockwise)

***this hike is similar in difficulty to Cape Chignecto, but less remote since you will cross a well-traveled road each day.**

Backcountry campsite reservations are required...so book early!

The trail in and out of Wolfe River Gorge is extremely steep.

There are 4 river crossings with cables to hold onto. Stay on the upstream side of the cables.

Filter and treat all water from streams and rivers.

Day 1: HQ – Marvin Lake: 18.7 km (9 hrs)

Day 2: Marvin Lake – Tracey Lake: 12.3 km (6 hrs)

Day 3: Tracey Lake – HQ: 17 km (8 hrs)

Total: 48 km

Day 1: Go to the Fundy NP HQ, register for the hike and park in the small area to the left of the Head Quarters Campground road.

Hike 800 meters along the **Point Wolfe Rd.** to the **Coastal East Trail** on the left.

Turn left and hike 2.8 km to an intersection with the trail leading towards Herring Cove.

Turn left and walk about 200 meters to a parking area.

***Herring Cove Beach is 100 meters away on the left.**

Walk straight across the parking area to the **Coastal West Trail**.

***Herring Cove waterfall is a short way down this trail.**

Walk 1.4 km on the Coastal West Trail to a trail junction on Matthews Head.

Take a left at the junction and follow the trail for 5 km to the **Point Wolfe Rd.**

***Squaw Cap Lookout is 1.6 km after the junction.**

Walk left along the road for 350 meters to the Point Wolfe covered bridge. (km10.2)

At the far side of the bridge take the **Shiphaven Trail** on the left for 500 meters to a parking lot.

Turn right, walk to the entrance of the Wolfe Point parking area.

LUNCH BREAK ***near the parking lot.**

***top up your water containers at the washroom beside the parking lot.**

Take the old **Goose River Trail** towards Chambers and Marvin Lakes.

***the first 4 km is mostly a steep uphill carriage road.**

Walk 1.2 km to a trail junction and turn right onto the **Marven Lake Trail**.

Walk 2.3 km to a trail junction with the Foster Brook trail.

Keep straight or left at the junction and walk about 3 km to a wet open area.

***if the trail is wet, take the bypass trail to the right for a few hundred meters.**

After the wet area, walk about 620 meters to the junction with the Bennett Brook Trail.

Turn left and walk 120 meters to a road on the left.

Turn left and walk 60 meters down this road to the Chambers Lake campsite (**CM1**)

*** filter + treat water in a small brook, across from the trail down to Chambers Lake.**

***CM2 is down the road 600 meters beyond the turnoff to CM1, but is not as nice.**

Day 2: Hike back 180 meters to the junction with the **Bennett Brook Trail**.

Keep straight at the junction and go north for 1.3 km to the Wolfe River.

***the last 700 meters of trail is a very steep rocky descent.**

Walk **across** and down the river for 100 meters and cross Bennet Brook.

***filter + treat water from Bennett Brook.**

***there is a system of falls starting 100 meters up the brook if you have time.**

Walk up the steep trail for about 900 meters, where it becomes a carriage road.

Follow the carriage road for 3.5 km to a side trail on the left. ***don't miss this turnout!**

Walk the last 900 meters on the side trail to the main road.

Cross the road and walk 500 meters along the lake to where the trail leaves the beach. (km8.1)

LUNCH BREAK ***top up your water containers from the tap at Bennett Lake.**

Walk 4.2 km on the **Tracey Lake Trail** to the campsite on Tracey Lake. (TL12)

***TL12 is a nicer campsite than TL11.**

*** filter + treat water from Tracey Lake.**

***from the campsite you can walk 400 meters north on an access road to see Bruin Lake.**

Day 3: Walk east for 2.7 km passing Laverty Lake to the Laverty Road.

***cross Swamp Brook at 1.8 km *yes it's as wet as it sounds ☹️**

Turn left and walk 800 meters on the **Laverty Road**, and then turn right.

Continue walking for 1.5 km to the Laverty Falls parking area.

Take **The Forks Trail** for 3.4 km and **cross** the Broad River, then **cross** the 45 River. (km 8.4)

***at the forks these 2 rivers become the Upper Salmon River. *2 cable assisted crossings.**

LUNCH BREAK ***at the Forks *filter and treat water from the river.**

Follow the **Upper Salmon River Trail** down the east bank of the river for 4.1 km to Black Hole.

***some rock scrambling along the river is required at first, until the trail enters the woods.**

From Black Hole walk down stream 500 meters and cross Macaloney Brook.

Follow the river for another 1.5 km and pass below a large landslide, then along a steep slope assisted by a cable.

500 meters after the landslide, **cross** the river to the west side. ***cable assisted crossing.**

Walk down river for about 280 meters to a red brick building.

Ignore the steep road, and pass to the left of the building and re-enter the woods on the trail.

Walk 1 km to a trail junction.

Turn right and walk 700 meters to the HQ parking lot.

Go to the HQ building and de-register from your hike.

Dave Suttie, September 2019