

## MacDougalls Island Beach Walk

Dave Suttie, June 2021

**Distance:** 4 km return

**Difficulty:** Easy

**Comments:** This is a walk to some Charlotte County Flower Pot rocks.

Always keep the tide in mind, and return across the bar from the island by **2 hours after low tide.**

Stay on the highest part of the sand bar to avoid the clam flat when going to the island.

### **Getting There:**

Drive to the lower bridge at the end of Portage Street in St. George and check out the view of the old mill and falls.

Cross the bridge and follow South Street / Shore Rd. for 6.5 km to where the pavement ends.

Park off to the right and begin your walk.

### **The Trail:**

Walk down the road for another 650 meters to a road on the left. \*Michael's Lane

Turn LEFT and walk about 200 meters to a junction.

Veer RIGHT and walk 140 meters to another junction.

Veer LEFT and walk 150 meters to the beach.

Walk west along the beach for about 300 meters.

If the tide is right, cross over to the flower pots and island.

**Notes:** Aim to cross back over the sand bar by 2 hours after low tide.

Keep to the high ground to avoid muddy clam flats.

The flower pots are more accessible from the ocean side.

Be careful of slippery rock weed.

The island is steep sided, but may be accessed from a point shown on the map.

On the main beach near the island, a shaded rock ledge makes a nice lunch spot.









