

THE FORKS TRAIL (Fundy National Park)

Distance: 7 km return

Difficulty: Moderate

**Where the Broad River and 45 River meet and become the Upper Salmon River.
This is one of those rare places where you can actually see where a river begins.**



GETTING THERE

In Fundy National Park, drive 3.8 km east of the Chignecto campground and turn right onto the Lavery road. Drive 6.6 km to the end of the Lavery road and park in the large parking area.

THE TRAIL

At the parking area, take the trail nearest the toilets, walk about 200 meters to a fork in the trail and take the right fork. The trail is quite level for the nearly 1.5 km before beginning the long descent to the place where the Broad and 45 Rivers join to become the Upper Salmon River.

Dave Suttie, Nov 2017

